

## **Annual Report of Udaan Welfare Foundation - Year 2016-2017**

“In the end, the greatest victory we can know is the result of all of our hard work, discipline, and dedication: the realization of our dreams.” — Cheryl Burke

Edifices are built with more than bricks and cement; infused in every inch of a structure are hopes and dreams.

In 2015, we turned a 2700 sq. ft. warehouse in Azadnagar, Thane, into a one-of-a-kind community centre, Saksham. The goal was to make it a vital part of the neighbourhood by turning it into a symbol of empowerment, positivity and hope. Within two years, Saksham has taken giant strides towards this goal, becoming a fully-equipped community centre offering multi-speciality medical care, education facilities, and computer and skills training infrastructure.

Saksham’s gradual, but steady, acceptance among the community is a strong endorsement of the time, effort and resources the Udaan team has been pouring into it, as well as the support we have received from various sponsors and partners. Heartened by our early success in 2015-16, we continued to add more infrastructure, staff, doctors, teachers, volunteers and donors this year. **We are determined to keep raising the bar of success and keep empowering the lesser-privileged with better health, nutrition, education and skills.**

Thanks to these efforts, Saksham continued to make inroads into the hearts and minds of the local residents this year. This is evidenced in the increasing numbers of people who visit Saksham, and the beneficiaries whose lives we are able to touch through our various programmes.

Here’s a round-up of the activities conducted at the Saksham Community Centre between April 2016 and July 2017.

### **MEDICAL SERVICES**

- The scope of health services being offered at Saksham has been further enhanced with the availability of sincere and devoted specialist doctors in the fields of Dentistry, General Practice, Internal Medicine including Cardiology and Diabetes, Gynaecology, Orthopaedics, Ophthalmology, Dermatology, Paediatrics and Homeopathy.
- The continued support of M/s Galaxy Surfactants Ltd. helped us in setting up a state-of-the-art Pathology Lab at Saksham. We are now the proud owners of the world’s first Mobile Path Laboratory, packed in a suitcase and capable of performing 40 different biochemistry tests. The lab is also equipped with a Dual Chamber Cell Counter, Microscope, and a Urine Analyser. We can now perform all the basic lab tests in-house, at a highly subsidised cost to the patient. **However, a resource crunch has prevented us from initialising the operations, and we are awaiting financial support for the staff salary arrangements.**

- M/s Galaxy Surfactants Ltd. was also kind enough to donate an automatic BMI scale and a very handy portable ECG machine.
- We were gifted a top-end Auto Refractometer for assessing Refractive Error in the eyes, automatically and precisely, by M/s Somany Ceramics Ltd. This has helped us increase the number of patients visits.
- We were also gifted an Dental Endomotor Device for improving the efficiency of our root canal dental procedures by 'Helping Hands', a group run by the residents of Lodha Imperia CHS Ltd., Bhandup, Mumbai. This device has helped our dental surgeons complete procedures faster and more safely.
- To spread awareness about cardiac and chest ailments, The American College of Chest Physicians gave us a grant of Rs.200,000 for conducting Cardio-respiratory medical camps.
- M/s Somany Ceramics Ltd. also donated funds to conduct regular eye check-up camps for the lesser-privileged.

### **Patients Statistics for the years 2015-16, 2016-17 and 2017-18 (Apr-Aug)**

<b>Sept. 2015 to Mar. 2016</b>								<b>253</b>
<b>Month</b>	<b>Dental</b>	<b>Physician</b>	<b>Gynaecologist</b>	<b>Ophthalmologist</b>	<b>Orthopaedician</b>	<b>General Practitioner</b>	<b>Dermatologist</b>	<b>Total</b>
<b>Apr-16</b>	47	1	1					<b>49</b>
<b>May-16</b>	29	5		1				<b>35</b>
<b>Jun-16</b>	47	3		3	3	1		<b>57</b>
<b>Jul-16</b>	29	10	2			7		<b>48</b>
<b>Aug-16</b>	75	17	1	2		10		<b>105</b>
<b>Sep-16</b>	51	5		3	1	8		<b>68</b>
<b>Oct-16</b>	68	5	2		-	5		<b>80</b>
<b>Nov-16</b>	73	14	1	1	1	9		<b>99</b>
<b>Dec-16</b>	77	21	2	6	2	6		<b>114</b>
<b>Jan-17</b>	95	15		8		13	1	<b>132</b>
<b>Feb-17</b>	91	9	4	6	3	15	4	<b>132</b>
<b>Mar-17</b>	79	12	2	10	1	12	3	<b>119</b>
<b>Total</b>	<b>761</b>	<b>117</b>	<b>15</b>	<b>40</b>	<b>11</b>	<b>86</b>	<b>8</b>	<b>1,038</b>
<b>Apr. 2016 to March 2017</b>								<b>1,038</b>
<b>Apr-17</b>	74	4	1	4	1	4	2	<b>90</b>
<b>May-17</b>	72	17		10	2		2	<b>103</b>
<b>Jun-17</b>	141	15		12	8	6	2	<b>184</b>
<b>Jul-17</b>	159	13	1	13	1	5	5	<b>197</b>
<b>Total</b>	<b>446</b>	<b>49</b>	<b>2</b>	<b>39</b>	<b>12</b>	<b>15</b>	<b>17</b>	<b>574</b>
<b>Apr. 2017 to July 2017</b>								<b>574</b>

### **HEALTH CHECK-UP CAMPS in 2016 and 2017 -**

<b>Health Camp</b>	<b>Venue</b>	<b>Date/ Duration</b>	<b>Number of Attendees - Children</b>	<b>Number of Attendees - Adults</b>
Comprehensive Blood Test	Saksham Community Centre	3 July 2016		10
Health & Dental	Saksham Community Centre	15 August 2016	48	
Health & Dental	Gunjana School, Azadnagar	August 2016 - January 2017	1600+	
Health checkup for senior citizens (Dental, Gynac & BP)	Saksham Community Centre	26 January 2017		85
Eye checkup	Saksham Community Centre	7 June 2017	65	20
ENT & Homeopathy	Saksham Community Centre	25 June 2017		80
Medical & Dental	TMC School, Azadnagar	26 June 2017	65	
Cardiac Health	Saksham Community Centre	9 July 2017		61
<b>Total Beneficiaries</b>			<b>1778</b>	<b>256</b>

## **NUTRITION**

- We got a Paediatrician and Nutritionist to deliver a talk on Malnutrition in Children, which was attended by 20 women and their children.
- We sent food-grains for relatives of patients admitted at the Civil Hospital in Thane
- Grains were also sent to the Sai Mandir, Azadnagar, Thane, for the purpose of feeding the poor.
- We distributed grains free of cost to Adivasi families residing in Jambulpada, Wada. Grains were distributed to 75 children.

## **EDUCATION/AWARENESS**

- The Yoga Vidya Pranic Healing Foundation continues to support Udaan for the education of children.
- Regular English, Science and Mathematics classes were started for school kids to help children in their studies and build the fundamentals of subjects. Every session has had 3-10 students in the last year.
- Summer Camp 2016 was conducted at Saksham Community Centre from 18 April to 31 May 2016 in which 80+ kids participated in various activities on education, entertainment and personality development.

- Value Education camp held by us taught Storytelling and Sanskrit shlokas to children. 10+ children attended per session conducted by a well learned Senior Citizen couple.
- Children's day was celebrated with participation of 50+ students on 14 November 2016. A poster competition was held as a part of the celebration theme being preservation of environment.
- Code for Cause - A coding workshop was organised in December 2017 in collaboration with [code.org](http://code.org) through Accenture, which was attended by school students from Azadnagar slum and students from Harikishen English Public School, Thane. Children were introduced to concepts of Artificial Intelligence and Computer Science in the workshop and was an exciting experience for them.
- Mini Edufest was conducted at Saksham Community Centre on 5 February 2017 with participation of 70+ children from Harikishen English Public School, Thane. They were exposed to the role of digitisation in different walks of life, examples being education, banking, sports and health.
- Quiz programme with several sessions was organised for children with 20+ students participation for each session.
- Regular Tabla, General Knowledge and Storytelling sessions are organised every week for children to grow in extra-curricular activities. Every session notes participation of 5-10+ kids.
- Ganesh Chaturthi, Janmashtami and other festivals were also celebrated with the children at Saksham.
- A summer camp was organised at Saksham from April 15 to June 5, 2017. The camp was attended by 906 Junior (up to Std. V) and 458 Senior (Std. VI to X) school-children. The camp included various educational sessions related to English, science, environmental education, painting, drawing and more. In addition, various games and modules on origami, public speaking, creative writing, singing and theatre were conducted by 25 faculty members. We thank all the faculty members for helping these children enjoy themselves, and for nourishing them intellectually in so many ways.
- M/s Capgemini India Ltd. and M/s Sharda Cropchem Ltd. each contributed towards the purchase of five desktops, and also helped educate lesser-privileged students at Saksham. Digital education classes are now being planned, and should begin in couple of months.
- Mentoring classes for 40+ students of std 6th to 8th from TMC Marathi Medium School, Azadnagar is being planned from 1st August, 2017 at Saksham. Students will learn English, Mathematics and Science as a part of this activity.
- Volunteers and children together built a Vertical Garden at Saksham Community Centre.
- An Indoor Gardening session was conducted by a volunteer for 15 kids.
- Women's day was celebrated on 8 March 2017 which was attended by 20+ women. Rangoli competition was held for kids on the same day.

## **SKILLS DEVELOPMENT FOR WOMEN**

- Twenty-two women attended a talk on enhancement of various skills for women's empowerment.
- Regular tailoring classes have been started since 2016 at Saksham community centre which noted participation of 156 women in 2016 and 100+ women till now in 2017.

## **WELFARE/COMMUNITY WORK**

- Our tie up with the NGO Goonj for welfare work continues. We continue to collect and gift large quantities of clothes, grains and other materials at our Saksham Community Centre. We donated more than 3000 pieces of brand new Shirts, Trousers and Bedsheets to Goonj. This was gifted to us by Ek Muthi Anaj for Bihar Flood relief in August 2016.
- Distributed 600 brand new Raincoats to Adivasis at Dahanu in July 2017.

## **OTHER ONGOING FLAGSHIP PROJECTS:**

**Technology Centre:** Having completed its fifth year, the Technology Centre at Ma Niketan continues to engage and empower the 300 resident girl children. Imparting skills in computer/web technology and Microsoft Office, this training centre has helped many children become employable. We are grateful to the Teachers and the Administrator for nurturing these children and helping shape their future. So far we have helped over 600+ girls with 15,000 teaching hours being invested over the 5+ years duration.

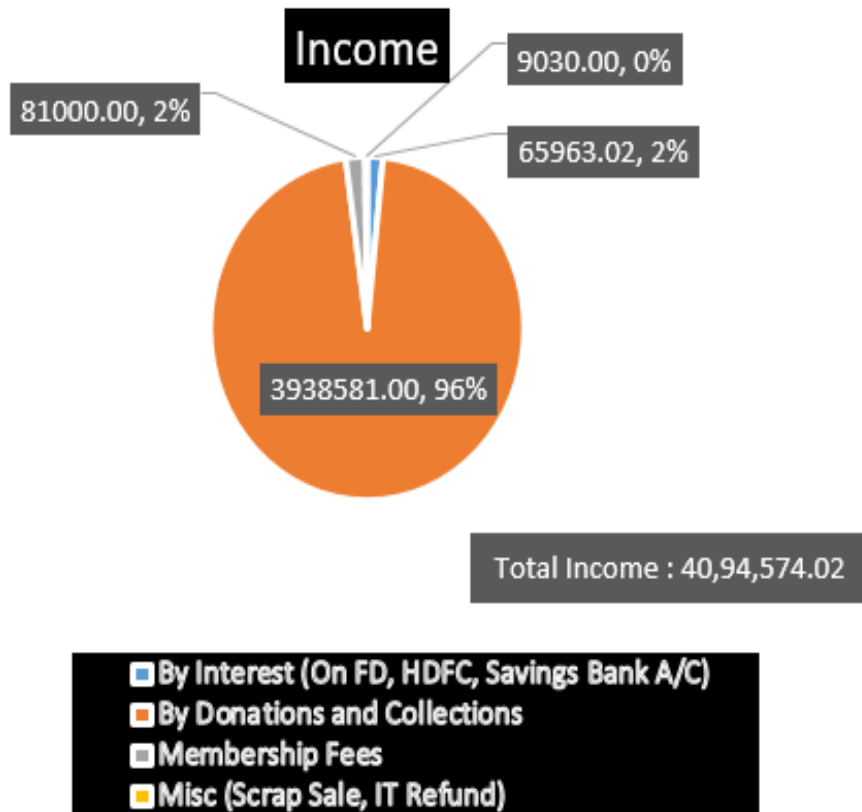
In November 2016, the **Udaan Edufest**, titled 'Udaan Khushiyon Ki', was successfully restarted at Saksham with active participation from over 70 Std. X-Std. XII female students of Ma Niketan, and other schools in the Azadnagar, Patlipada and Dongripada slums. The Happiness Quotient of all the attendees was at its peak during the event. Several dignitaries, such as DCP Dr. Vinay Rathore, TMC Commissioner Mr. Sandeep Jaiswal, local MLA Mr. Sandeep Kelkar, and local Corporator Mr. Manohar Dumbre attended and blessed the children. We were also privileged to have the Managing Director of Barclays Bank UK, and her senior colleagues, joining and sharing several happy moments with the children. Senior executives from Intelenet Global also participated in the event.

Following the Edufest 2016, the young volunteers Aniket Singh, Abhishek and Khushi Singh replicated and shared the learning of the Edufest with 20 younger children attending Saksham activities.

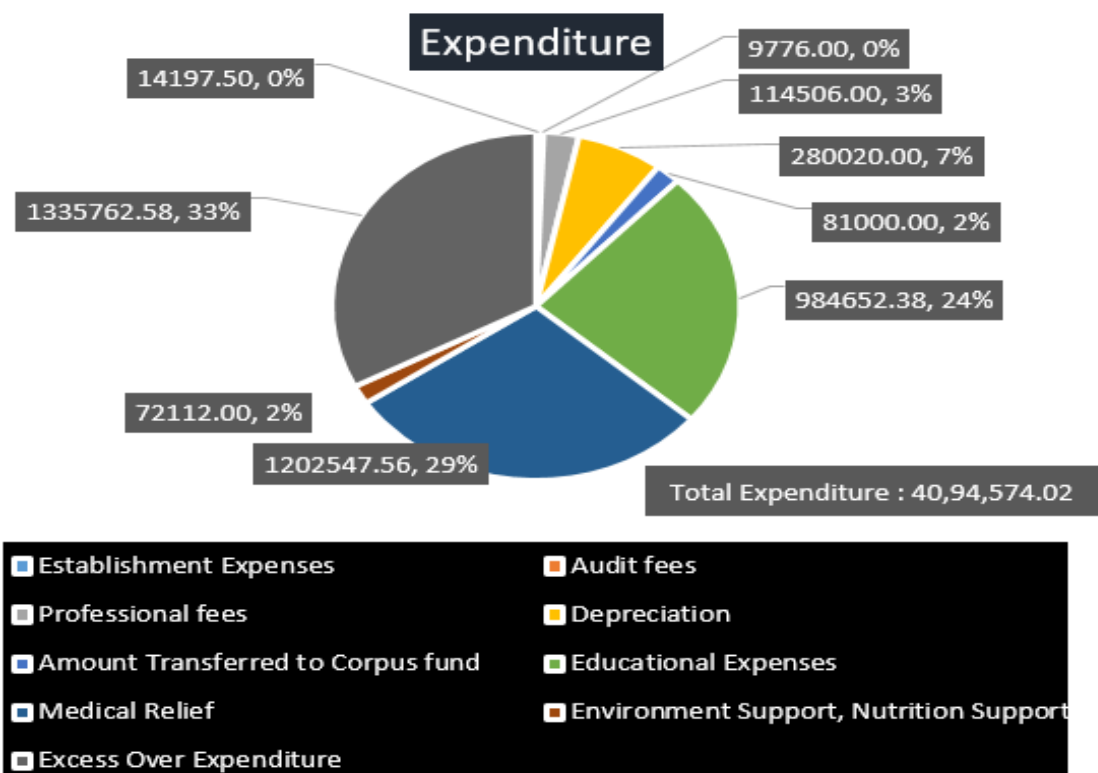
## **AWARDS & RECOGNITIONS**

We were privileged and honoured to be the first recipient of the "**Galaxy Social Award**" instituted for the first time by M/s Galaxy Surfactants Ltd. in 2017. This award carried a cash prize of Rs. Two Lakhs, which is being utilised for the welfare of the communities at Saksham Community Centre.

The President was felicitated by the Rashtriya Sainik Sansthan, JJT University, Jhunjhunu and Rajasthan Seva Sangh on 4th May, 2017 for the active social work being pursued by him.



### INCOME AND EXPENDITURE FIGURES FOR FY 2016-17



## **Roadmap for the FY 2017-2018:**

1. We are now associated with the TMC school, Azadnagar and have taken the responsibility of mentoring 40 students of 6th, 7th & 8th Std. every Saturday. An accomplished team of volunteer team has been formed to nurture these students academically as well as nutritionally.
2. To start the Computer Education for the children, women and senior citizens and explore digital skills training for the unemployed.
3. A mega health check up plan is being considered for the Health check up of nearly 2000 + Gunjana School children for Dental, Eye, General check up with Nutritional assessment. All malnourished children will be identified and where possible provided nutritious food.
4. To start the operations of the Pathology Lab as soon as possible on availability of a Lab Technician and Pathologist.
5. To conduct periodic Health Check camps for the community
6. To seek funds for a Digital X Ray machine for the Dental Services.
7. To arrange funds for a Retinal Camera for the Eye Services.
8. To arrange for sewing machines (Old or new) for women entrepreneurs to start their career in sewing / fashion designing.

## **GRATEFUL ACKNOWLEDGEMENTS:**

We gratefully thank all our donors, well wishers and consistent benefactors — individual as well as institutional—for placing their trust and faith in us. The major donors being Sharda Cropchem International Ltd., Galaxy Surfactants Ltd., Capgemini India Ltd., Somany Ceramics Ltd., The American College of Chest Physicians (WIC), Yoga Vidya Pranic Healing Foundation of South Mumbai, Saltlabs, Neurogen Brain & Spine Institute, Kalarini.

The Udaan Welfare Foundation thanks all the teachers, interns and volunteers who have associated with us for their selfless support. We'd like to specifically thank the management of Symbiosis College of Mass Media and Communications Pune, for sending their students for internships consecutively for four years, the students of Dhyan Sadhna College (B.Ed), Thane, Mumbai University's MSW students, and AISEC Mumbai. Special thanks to United Way of Mumbai for supporting our cause at the Standard Chartered Marathon 2017 and helping us raise funds since 4 years.

We thank the MD and senior executives of Barclays Bank, UK for sharing their time with the children. We also thank the senior executives from Intelenet Global for supporting Udaan's work. A special mention of Hindustan Unilever Ltd. for donating Magnum Ice Creams for all the participants of our Edufest 2016.

In addition, we were happy to host the senior executives from de Volksbank, Netherlands, who spent a good seven hours with us, interacting and understanding our projects and challenges. Their visit to the Ma Niketan Technology Centre and Saksham, and their interactions with the children, were most heart-warming.

No words are enough to thank all the doctors, staff members, and volunteers who have painstakingly helped us reach heights at our Saksham Community Centre, Thane. Their dedication and devotion makes us feel proud and motivated to do better.

We would like to thank all the Udaan members and their families for their whole-hearted support in the growth of the organisation.

## **THE ROAD AHEAD**

We look at the future with a great deal of optimism and enthusiasm. Our mission of empowering the underprivileged has only just begun, but we take heart from the fact that we're not alone. Help, advice and financial support has come from several (and sometimes even unexpected) quarters. While donations certainly help our cause, we hope to get support of other kinds as well—namely the priceless gifts of time, knowledge and skills. These go a long way towards building deep bonds with the community that we seek to serve, and also help us overcome all constraints related to capabilities, technology, resources and more.

We look forward to having more volunteers join hands with us in making a difference to society, as we hope for a better tomorrow for all.

We eagerly await the FCRA registration from the Ministry of Home Affairs and if received will be another feather in the cap, as well as put our organisation at a different pedestal altogether.

**The Udaan Welfare Foundation seeks to achieve excellence across every area of operation. Winning the confidence and hearts of people being served is the key, and we will continue to work towards this goal with selflessness, dedication, and humility.**

**Achieving a goal over a period of nine years and entering the tenth year is a matter of great pride and satisfaction. It has always been a challenging struggle to build the foundations of the organisation, but with the consistent support of the Almighty, humanity and our grit, we have set our path to EMPOWER LIVES well on the road to success.**

"Happiness is the real sense of fulfilment that comes from hard work." -- Joseph Barbara